

## Alexander Monto, MD

Associate Professor of Clinical Medicine  
Director, Liver Clinic, San Francisco Veterans Affairs  
Medical Center  
Director, San Francisco VA Hepatitis C Resource Center  
Deputy Program Director, Gastroenterology Fellowship

### *Academic Office and Clinic:*

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### **Active Projects:**

#### *Clinical:*

- Natural history of chronic hepatitis C infection and its alteration by antiviral therapies, alcohol, HIV, and metabolic factors
- Hepatocellular carcinoma and cirrhosis management
- Clinical trials of investigational hepatitis C therapies

#### *Translational:*

- In collaboration with colleagues, study of CD14+ monocytes, natural killer cells, and T-cells and their roles in disease pathogenesis from hepatitis C infection

### **Techniques in Use:**

*Clinical studies:* Design of clinical studies, use of longitudinal databases, data /statistical analyses

### **Education**

- 1987-90 University of California, Berkeley, CA, B.A. With honors, Integrative Biology
- Columbia University, College of Physicians and Surgeons, New York, M.D.

### **Training**

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|-------------|---|----------|------------------|
| • 1995-96   | Columbia-Presbyterian Medical Center    | Intern   | Medicine         |
| • 1996-98   | Massachusetts General Hospital          | Resident | Medicine         |
| • 1998-2001 | University of California, San Francisco | Fellow   | Gastroenterology |

### **Certification**

- 1996 Medical Licensure, Massachusetts,
- 1998 Board Certification, Internal Medicine
- 1999 Medical Licensure, California (A68422)
- 2001 Board Certification, Gastroenterology

### **Memberships**

- 2002-2008 American Association for the Study of Liver Diseases
- 2003-2008 American Gastroenterological Association

## Service to Professional Organizations

- 2005-07 American Association for the Study of Liver Diseases Member, Clinical Research Committee
- 2008 Course Director, American Association for the Study of Liver Diseases Single Topic Conference, "Viral Hepatitis Therapy: Lessons to be Learned from HIV."

## Selected Publications

- Currie SL, Ryan JC, Tracy D, Wright TL, George S, McQuaid R, Kim M, Shen H, **Monto A**. A prospective study to examine persistent HCV reinfection in injection drug users who have previously cleared the virus. *Drug and Alcohol Dependence* 2008;93:148-154.
- Shah T, Lampiris H, Vu M, **Monto A**, Tien PC. Resolution of hepatitis C virus-induced steatosis improves tolerability of antiretroviral drugs associated with hepatotoxicity in an HIV-infected individual. *J Infect Dis* 2008;197:932-933.
- Bonkovsky HL, Tice AD, Yapp RG, Bodenheimer HC, **Monto A**, Rossi SJ, Sulkowski MS. Efficacy and safety of peginterferon alfa-2a/ribavirin in methadone maintenance patients: randomized comparison of direct observed therapy and self-administration. *American Journal of Gastroenterology* 2008;103:2757-2765.
- Chang TT, Sawhney R, **Monto A**, Davoren JB, Kirkland JG, Stewart L, Corvera CU. Implementation of a multidisciplinary team for hepatocellular cancer at a Veterans Affairs Medical Center improves survival. *HPB* 2008;10:405-411.
- Sewell JL, Stick KM, **Monto A**. Hepatocellular carcinoma after sustained virologic response in hepatitis C patients without cirrhosis on a pre-treatment liver biopsy. *Eur J Gastroenterol Hepatol*. 2009;21:225-229.
- Tsui JI, Whooley MA, **Monto A**, Seal K, Tien PC, Shlipak M. Association of hepatitis C virus seropositivity with inflammatory markers and heart failure in persons with coronary heart disease: data from the Heart and Soul Study. *J Cardiac Failure* 2009;15:451-456.
- Garcia-Tsao G, Lim J, **Monto A**, Yee H, Durfee J, Dieperink E, Dominitz J, Ross D, Valdiserri R. Management and treatment of patients with cirrhosis and portal hypertension: recommendations from the Department of Veterans Affairs Hepatitis C Resource Center Program and the National Hepatitis C Program. *American Journal of Gastroenterology* 2009;104:1802-1829.
- Chapko MK, Yee HS, **Monto A**, Dominitz JA. Cost-effectiveness of hepatitis A vaccination for individuals with chronic hepatitis C. *Vaccine* 2010;28:1726-1731.
- Bacchetti P, Boylan RD, Terrault NA, **Monto A**, Berenguer M. Non-Markov multistate modeling using time-varying covariates, with application to progression of liver fibrosis due to hepatitis C following liver transplant. *International Journal of Biostatistics* 2010;6;Article 7:1-14.
- **Monto A**, Schooley RT, Lai JC, Sulkowski MS, Chung RT, Pawlotsky J-M, McHutchison JG, Jacobson IM. Lessons from HIV therapy applied to viral hepatitis therapy: summary of a workshop. *American Journal of Gastroenterology* 2010;105:989-1004.
- Russell JS, Sawhney R, **Monto A**, Nanavati S, Davoren JB, Aslam R, Corvera CU. Periprocedural complications by Child-Pugh class in patients undergoing transcatheter arterial embolization or chemoembolization to treat unresectable hepatocellular carcinoma at a VA medical center. *Am J Surg*. 2010 Nov;200(5):659-64.
- Babik JM, Cohan D, **Monto A**, Hartigan-O'Connor DJ, McCune JM. The human fetal immune response to hepatitis C virus exposure in utero. *J Infect Dis*. 2011 Jan 15;203(2):196-206.
- Yee HS, Currie SL, Tortorice K, Cozen M, Shen H, Chapman S, Cunningham F, **Monto A**. Retreatment of hepatitis C with consensus interferon and ribavirin after nonresponse

or relapse to pegylated interferon and ribavirin: a national VA clinical practice study. *Dig Dis Sci*. 2011 Aug;56(8):2439-48.

- Bacchetti P, Boylan R, Astemborski J, Shen H, Mehta SH, Thomas DL, Terrault NA, **Monto A**. Progression of biopsy-measured liver fibrosis in untreated patients with hepatitis C infection: non-Markov multistate model analysis. *PLoS One*. 2011;6(5):e20104.
- Vermehren J, Yu ML, **Monto A**, Yao JD, Anderson C, Bertuzis R, Schneider G, Sarrazin C. Multi-center evaluation of the Abbott RealTime HCV Assay for monitoring patients undergoing antiviral therapy for chronic hepatitis C. *J Clin Virol*. 2011 Oct;52(2):133-7.